

M&W

MAROON AND WHITE

FOR ALUMNI & FRIENDS OF SAINT MARY'S UNIVERSITY

HEIDI LANDRY'S

RECIPE FOR *Success*

THE FOOD ISSUE:

JUST DESSERTS

THE FLAVOUR OF SUCCESS

LOVE AT FIRST BITE



FALL 2013

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Letter from the Editor



Food for Thought: Aside from the weather, there are few things Canadians like talking about more than food.

And why not? Whether you share a picnic bench with a stranger or candlelight dinner with the love of your life, the taste, the aroma and even the texture of food provides plenty of opportunity for conversation.

Our Maroon and White writers seem to agree, and they've cooked up an issue that looks at Saint Mary's connections to food and serves up a hearty stew of stories for readers to sample.

As anyone who has been on campus knows, we like food at Saint Mary's. A lot. Whether it's events like the launch of a new logo for the Sobey School of Business, Homecoming's Golden Grad luncheon, or the Grand Opening of the 960 Tower Road building, all detailed in these pages, something to nibble on is always close at hand.

But food is more than just sustenance and conversation fodder. For psychology professor Maryanne Fisher, it's central to some fairly spicy research on relationships (Love at First Bite, p. 12); and for alumni TJ Peach (Just Desserts, p. 10) and Alan Garner (The Flavour of Success, p. 13) food is, well—their bread and butter. I hope you find something you can sink your teeth into.

Bon appetit!

Steve Proctor

Letter from the Alumni President



With the arrival of cooler weather our thoughts turn to the fall harvest and traditional celebrations that are centered around family, friends and food. Food also plays an important role in how we, as alumni, come together and in many cases is the centerpiece of our gatherings.

As one of the signature events of our Homecoming Weekend, the One World Alumni Dinner brings alumni and friends of Saint Mary's together to share a meal and support a deserving charitable organization. This year's good cause is The Empathy Factory, which visits schools throughout Nova Scotia and delivers workshops on the value of empathy, volunteering and philanthropy to children aged 8-18.

The sharing of food also enables alumni, staff and students to connect across generations and cultures. I recently attended the first Tailgate Party of the fall and saw how the aroma of barbecue on a brilliant autumn afternoon could bring together first year international students and Golden Grads alike.

I hope this fall you will have the opportunity to break bread with your fellow alumni and to continue your connection to Saint Mary's and to each other.

Cheers,

Michael McKenzie (BComm '80)

President, Saint Mary's University Alumni Association

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going green!

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4 WAVING THE FLAG

There was a moving display of Saint Mary's cultural diversity on September 2nd when our students converged on Huskies Stadium bearing the national flags for all students on campus. In a brief, but colourful statement of unity, students paraded 90 different flags around the field and positioned themselves for a photograph taken by an aerial drone. As one of the most culturally diverse universities in Canada, Saint Mary's benefits from the ideas and experiences shared when people from almost one hundred countries come together in a safe and supportive place of learning.

1 FORE!

The odds were good that Saint Mary's geology student Matt Stimson would find a few golf balls while strolling the shore near PEI's Belfast Highland Greens golf course. Discovering a set of prehistoric footprints was beyond the paleontologist's wildest dreams. Stimson estimates that either an amphibian or a reptile left the prints about 290 million years ago, making them not quite as old as the 315-million-year-old fossil trackway he uncovered last year in Joggins, N.S. While there have been other trackways of this age found on PEI, Stimson's find will be one of only three documented discoveries and make a valuable contribution to the province's geological history.

2 TO BOLDY GO WHERE NO RESEARCH HAS GONE BEFORE

Star Trek fans will be quick to recognize the handheld rapid disease detector that's being developed in a Saint Mary's University laboratory by assistant professor Christa Brosseau. Working with 20 teams from around the world, Dr. Brosseau and her student researchers have high hopes that this space-age, medical diagnostic device will be used to save lives in developing countries through quick detection of deadly diseases such as HIV, TB, and malaria.

"Many people in these countries walk for hours to reach a medical clinic," says Dr. Brosseau. "Nearly 40% of these patients won't return to the clinic for either their diagnosis or treatment if they have to wait to get their results."

3 DAREDEVIL DEAN

Dean Jones doesn't go in for extreme sports, but that didn't stop the Saint Mary's assistant football coach from rappelling off the top of Fenwick Tower, the highest building east of Montreal. Despite some initial misgivings, Jones stepped forward on June 21st to step backwards off the roof of the 32-storey Halifax landmark and raised more than \$1500 for Make-A-Wish® Canada, an organization that makes dreams come true for children who live with life-threatening medical conditions.

"My colleagues assured me that it would be a "once in a lifetime" experience," laughs Jones. "To be quite honest, that wasn't much of a comfort."

A Sobey School of Business commerce grad (2003) and Huskies running back from 1998 to 2002, Jones was a member of the last Huskies football team to win the Vanier Cup.

5 HIGH PRAISE FOR SAINT MARY'S

At a Debate of the Senate in May 2013, Honourable Dr. Donald H. Oliver, Q.C., the Speaker pro tempore of the Senate and member of the Senate Standing Committee on Banking, Trade and Commerce, cited three Saint Mary's research initiatives as examples of the rich intellectual capital found in Canadian universities. Praise went to geography professor Dr. Danika van Proosdij, for her work with tidal energy and environmental assessments; geoscientists Dr. Jacob Hanley, Dr. Andrew MacRae and Dr. Georgia Pe-Piper for their contribution to an off-shore atlas that charts Nova Scotia's potential for offshore reserves of oil and gas; and chemistry professors Dr. Jason Clyburne, Dr. Jason Masuda and Dr. Robert Singer for their leadership in environmental sustainability as founding members of the Atlantic Centre for Green Chemistry. In his words to Senate, Senator Oliver also commended Saint Mary's President, Dr. J. Colin Dodds as the driving force behind the University's many research breakthroughs in recent years.

6 UP CLOSE AND ERUPTABLE

The eleven Saint Mary's geology students who signed up for a two-week field study in Italy last summer got more than they anticipated from the trip when a 1000 metre volcano

on Stromboli Island began blasting glowing ash and hurling lava bombs hundreds of meters into the sky and over the top of a mountain. "Obviously, this is an experience we can't give our students in the classroom," says Dr. Jacob Hanley, who collaborated with Italian geoscientists from the National Institute of Geophysics and Volcanology to organize the trip as part of the regular course curriculum in the geology department.

"After spending four months learning about volcanic processes in textbooks," adds Dr. Hanley, "It's exhilarating to see the real thing up close and personal---and we were well prepared and well positioned at 400 metres, so the students were never in any danger."

7 FIGHTING RISING MERCURY AT A LOCAL LEVEL

Thanks to a \$122,000 Canada Foundation for Innovation Leaders' Opportunity Fund grant, Saint Mary's environmental scientist Dr. Linda Campbell will soon be making a splash in Nova Scotia's wetlands and lakes in an effort to better understand the environmental impact of trace-level mercury and metal contaminants. Funds received through Dr. Campbell's grant will support Saint Mary's Clean Trace-Metal Environmental

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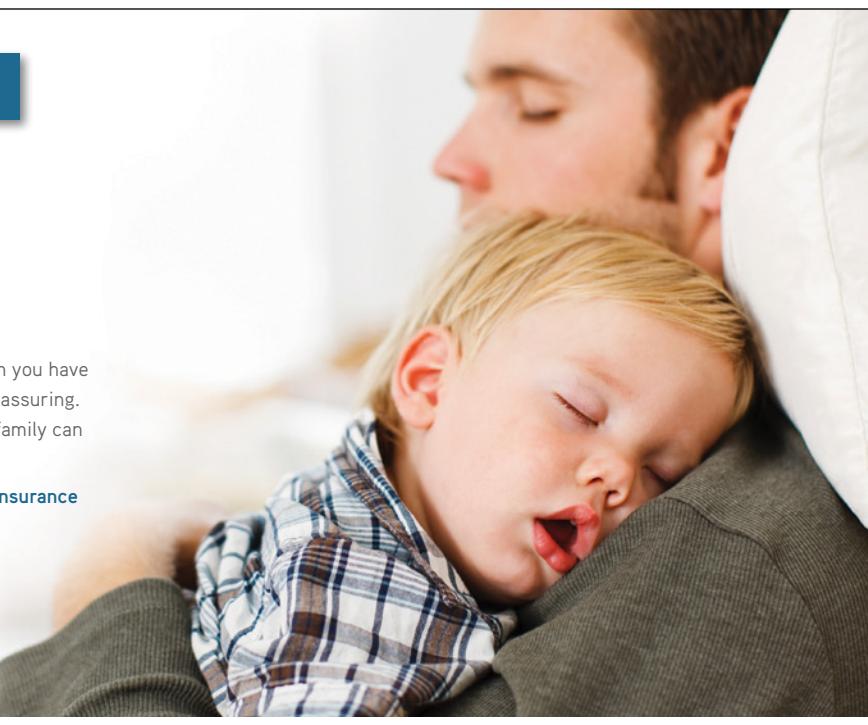
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7 Analytical Laboratory (CTEAL), an integrated laboratory system where very small environmental samples of mercury and metal contaminants can be analyzed with significantly reduced risk of external contamination.

"Mercury is a global issue, but understanding its impacts—including the risk to wildlife and human ecosystem health—needs to start at the local level," says Dr. Linda Campbell. "The first step is to accurately measure and map trace elements in the environment because to adequately understand where we are going, it is essential that we have data on where we are."

8 NO BUTTS ABOUT IT

After a lengthy countdown, Saint Mary's University went entirely tobacco-free on September 1st, a move that meshes well with the University's new health and wellness strategy. The policy applies to all University property, including parking lots and grounds, and covers all tobacco and tobacco-related products including cigarettes, cigars, cigarillos, pipes, simulated tobacco, and chewing tobacco.

Going tobacco-free won't be easy, but it will protect everyone on campus from health hazards related to tobacco and toxic litter from cigarette butts. Saint Mary's University's tough stand on tobacco has received widespread support from faculty, staff, and the Saint Mary's University Student Association (SMUSA); as well as praise from Nova Scotia's Chief Medical Officer Dr. Robert Strang, who encourages other universities to follow our example.



9 EXECUTIVE-IN-RESIDENCE

The Sobey School of Business launched its new Executive-in-Residence program this fall with the arrival on campus of Merv Symes, President and Chief Organizational Designer for Symplicity Designs. As our inaugural Executive-in-Residence, Mr. Symes is in a unique position to build key bridges to the business community, mobilize research, connect our Sobey School of Business students with potential careers in emerging fields, and keep them current with the changing pace of business. An expert in change management and business process improvement, and the former VP of Organizational Change for JD Irving, Mr. Symes will enrich the student experience by leading learning sessions; coaching teams for case competitions and other events; and encouraging our students to ask the right questions.



10 ART OF GIVING

Art enthusiasts familiar with names like Joseph Purcell, Gordon Roache, and Dusan Kadlec will be happy to learn of a donation to the Saint Mary's University Art Gallery of 81 paintings from Dr. Richard Homburg's private collection. Dr. Homburg's generous gift includes many historic representations of our city and harbour from time periods spanning the mid to late 20th century. Not only does it significantly expand the breadth and depth of local art in Saint Mary's care, but it also reinforces an important link to our history and heritage. "We want people on and off campus to know that we have an interesting collection of contemporary art, and to help us grow it," says Robin Metcalfe, gallery director and curator. □

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With a tug at the corners of a maroon cloth, Saint Mary's President Colin Dodds and Board Chair John Fitzpatrick joined students and alumni to reveal a globe to mark the official opening of Saint Mary's newest building on September 19.

"It's so bright and open. It is truly an inspiring place," student Omar Alsharaf told the crowd that gathered to explore and celebrate the University's latest architectural accomplishment. "There have been so many impressive improvements to campus in time I have been at Saint Mary's."

Imagined conceptually as an international gateway, the three-storey, 28,000 square foot building is the new home of the University's English as a Second Language program and the Sobey School Business Development Centre (BDC), which moves back to campus from a downtown location.

For the approximately 350 students enrolled in English as a second language programming, the new building offers more and bigger classrooms, a modern language lab, a spacious library and plenty of collaborative spaces for informal group learning.

There are also plenty of collaborative spaces on the Business Development Centre side, where, in addition to offices, there's a "bullpen" for practising presentations, and a boardroom that doubles as an audio-visual conferencing centre for the entire campus.

"Being back on campus, it is much easier for us to leverage University resources, students and facilities to help the various businesses and organizations we work with," says centre director Eric Crowell.

"It's a building that invites the community to come in and meet our students, meet with our business development staff, and then move into the rest of campus," adds Pat Bradshaw, Dean of the Sobey School of Business.

By bringing together the Business Development Centre with international students who may become critical players in Canada's future economy, the building offers more than a passing nod to the interconnectedness of today's global business arenas.

Built to comply with the highest sustainability and environmental guidelines, the building features power and water control systems and a free public recharging station for electric cars.

The building opened for classes September 3. □



RECIPE FOR Success

Heidi Landry and Ryan Sanderson.

Heidi Landry likes big ideas, but the fourth year Accounting student brings more than ideas to the table. Heidi volunteers as a mentor with at-risk youth, organizes food drives, champions student financial aid, and teaches children to tread lightly on the planet—all while maintaining an enviable GPA.

“My father gave me a recipe for success that has three main ingredients,” says Heidi, who grew up in Petit De Grat, a small fishing village in Cape Breton. “He told me to be passionate about what I do, to be determined to succeed, and to always work hard.”

One of six business students across Atlantic Canada in 2013 to receive the prestigious Frank H. Sobey Award for Excellence in Business Studies, Heidi has extended her father’s recipe with ingredients of her own.

“The best mix is when my coursework and community involvement come together,” says Heidi. “School is about so much more than books and classes. It’s about creating something special by integrating what you learn in a practical way that helps people.”

In her first year as a member of Saint Mary’s ENACTUS*, Heidi put her theory to the test by co-founding Ryan’s Project, a comprehensive recycling program initiated by an 11-year-old named Ryan Sanderson for École Burton Ettinger school.

“The focus was on energy and resource conservation,” explains Heidi, “and empowering

school leaders like Ryan to promote the financial benefits of sustainable practices.”

Heidi plans to work for an accounting firm to complete her CPA designation, and is now participating in IMPACT (Investment Management of Portfolios in Atlantic Canada Training Program), a two-year finance program at Saint Mary’s that integrates classroom theory with real-world finance experience.

*ingredients:
passion
determination
hard work*

She’ll also be stretched by her now role as chief project manager officer with Enactus for the 2013-2014 academic year, and continuing involvement with Ryan’s Project. One of the initiatives for this year is to extend environmental-based learning beyond the traditional growing season by building a greenhouse at École Burton Ettinger School.

Project namesake Ryan Sanderson is especially eager to get the greenhouse construction underway. Ryan is now in middle school, but he returns to his old school every Friday to attend the weekly Green Team meetings.

It seems that Ryan, like Heidi, has a recipe for success, and according to Heidi, it will come in handy.

“Ryan wants to be a chef,” she says with a smile. □

* ENACTUS is an international organization that advocates entrepreneurial action as a catalyst for progress



TJ Peach at her shop, Susie's Shortbreads, in Bayers Lake.

Just Desserts

Chalk it up to a taste for nostalgia, but cupcakes are hot—especially on a 30-degree day in early August when the air conditioning quits in one of the Halifax retail bakeries owned by Saint Mary's alumna TJ Peach and her husband, graphic designer Brad Thompson.

"Every day poses a new challenge," says Peach, who discovered a recipe for success in the buttery cookies perfected over the years by her mother, and business namesake, Susan.

"My mother thought it was crazy when I suggested marketing her shortbread cookies," recalls Peach, "but she was more than willing to help."

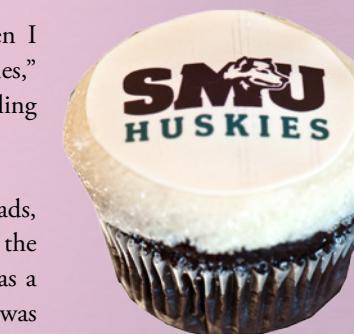
After registering the name Susie's Shortbreads, Peach and Thompson tested the waters at the Halifax Farmer's Market in 2006. "It was a hobby business at first," says Peach. "I was still working full time in market research and we were only selling cookies at that point."

The business went "real" in 2008 with a storefront location in Halifax. "Sales for the second year were 170% higher than in the first year," says Peach. "When we opened another store in Bayers Lake, sales grew again by 56%."

Specialty cupcakes took the business to new heights, and Thompson's distinctive packaging and promotion earned Susie's Shortbreads profiles in local newspapers and television, and in large circulation magazines such as Reader's Digest, Chatelaine, Canadian Living, and Weddingbells.

"Many people in the business community have been shocked by the brand we've been able to build in such a short time," says Peach. "I'm a firm believer in luck, and being in the right place at the right time, but I don't believe we got here by accident."

Peach attributes her success, at least in part, to her B.A. in psychology from Saint Mary's and MBA in Human Resource Management from the Sobey School of Business.



"I strongly believe that's what helped me start and grow my business," she says. "You can have the best product in the world, but you're doomed to failure if you can't manage money and deal with people, inventory and quality control."

With production of cookies and cupcakes ranging from several hundred to several thousand pieces a day, two stores to run, and a stall to staff at the Halifax Seaport Farmer's Market, there's not much down time at Susie's Shortbreads.

"The reward is that we get to be a part of the important milestones in people's lives: the weddings, birthdays, anniversaries and new babies," says Peach.

And the icing on the cake?

"Sharing those milestones creates an important emotional connection between a business and its consumers," she says, "and that creates brand loyalty." □



LoveBite AT FIRST Bite

Dr. Maryanne Fisher's Psychology students Chris and Kimberley Moule have a passion for research.

Years spent researching romance left Dr. Maryanne Fisher hungry for more, so she turned her attention—and her psychologist's clipboard—to the powerful connection between food and love. Now, when the Saint Mary's professor goes out to eat, she often examines more than the menu.

"I notice how people eat," says Fisher, whose academic background is evolutionary psychology, "and whether couples steal from each other's plates and share their utensils. What they do with their food is a window into many other aspects of the relationship."

A world expert on the way women compete with other women for romance, and a popular blogger for Psychology Today, Fisher attributes her interest in studying food and love to research she did for *The Complete Idiot's Guide to the Chemistry of Love*, a book she co-authored about three years ago. As well, she credits a colleague, Dr. Charlotte De Backer, with arousing her interest in food as a powerful form of social communication.

"Together we've been looking at a variety of topics including how people use food preparation to show someone they are romantically interested," explains Fisher. "I find it incredibly illuminating that something as basic as food can not only affect your body and your sex life, but also be a way to signal to someone how attracted you are."

At present, Dr. Fisher is studying how people attempt to woo their dates with food, and how much money they'll spend doing it. She is also looking at gender stereotyping and cooking behaviour, and how women use food to compete for mates and attention.

"Cultural differences around eating are also fascinating," says Fisher. "In some cultures, the more money men spend on a meal, the more attracted they are. For women, it's not linked to money at all; they demonstrate how attracted they are by the amount of effort they expend making the meal."

Fisher's professional interest in food and love may be new, but her belief in food as a form of communication is rooted as far back as scenes from her childhood.

"I remember the special meals my mother would make for my father's birthdays," she says. "Years have passed, but I keep coming back to the idea that food is a powerful social tool. We signal all sorts of intentions with it - and we make assumptions and judgments about people based on what, and how well, they cook."

On the positive side—at least for some of us—Fisher has new data showing that more men are purchasing food items and cooking than ever before. "Men have also begun cooking as a way to express affection," says Fisher. "Once they develop a taste for that, who knows what might happen?" □

the Flavour of Success



It didn't take too much convincing from hard-working restaurateur relatives to steer Alan Garner (BA Psychology '98) clear of the family restaurant business in southern Ontario.

For a while, it was probably the best advice he ever got. Three decades later, it has become the best advice he didn't take.

After a 30-year career in the Navy, Garner and his wife Jody now co-own one of Halifax's newest hot spots, The WORKS Gourmet Burger Bistro.

"I've come full circle," says Garner, who finished high school in 1988, joined the Navy, and moved to Halifax. As a young sailor he took his first course at Saint Mary's University, in part for the education, but in equal measure to better integrate himself into the fabric of his newly adopted home.

Garner's naval career took him across Canada and around the world. Among other things, he served as diving officer onboard warships, as an air traffic controller for Sea Kings and at one point led a tactical team in the search for Osama Bin Laden.

Juggling a full-time naval career, a young family and world travel meant a meandering journey to getting a degree, but he persisted, obtaining the odd credit here and there at various universities across Canada.

The Navy eventually recognized what he was doing and gave him a full scholarship and a salary to complete his studies. He was the first person in his immediate family to do so.

"I was fascinated by the brain and effects of human behaviour," he said. "I belonged to the largest organization in the country, with 90,000 plus people. It was an interesting sample group and dynamic to observe from within."

Posted to Ottawa in 2008 as a communications officer, a friend's recommendation took him to The WORKS in The

Glebe section of the capital city, and a meal that would change his life.

"I waited two hours to get in and 45 minutes for my burger," he recalled during an interview from his ocean-view home in Musquodoboit Harbour. "I was fit to be tied. But, then I took one bite of a Smokey Mountain burger, and I said to myself, 'how do I get into this action?'"

Not long after, he was posted back to Halifax and asked his girlfriend, Jody, to marry him and open a burger joint together. After flying back to Ontario to take another taste of The WORKS fare, she answered yes to both questions..

The couple married in July 2012. Garner retired in September of that year and they opened their restaurant in February 2013.

Today, The WORKS' Doyle Street location just off Spring Garden Road puts the burgerpreneur a stone's throw from his alma mater. He's always on the lookout for Saint Mary's rings, identical to the one he proudly wears on the ring finger of his right hand. A patriot at heart, he offers discounts to SMU alumni and, for what he says are "obvious reasons," military personnel also receive a discount. □

Burgerpreneur Alan Garner



The WORKS



Canadian entertainment icon
Jeanne Beker brushed away tears as
she received her Honorary Degree during
the 2013 Spring Convocation.

Spring Convocation

With Education Comes Obligation for Change

Against the backdrop of a world filled with wars, terror and racism, Senator Donald Oliver challenged Saint Mary's 750 newest alumni to use the power of advancing technology to collaborate, influence and seek out new and peaceful opportunities.

"We have seen the power of social media in the organization of protests and the highlighting of injustice during the Arab Spring. Rise to the challenge it presents," he urged during a May Convocation address at Halifax Metro Centre.

Paraphrasing civil rights leader Malcolm X, Senator Oliver described education as "a passport to the future." A Saint Mary's University education, he said, prepares graduates to take on important leadership roles in the world that must include the fostering of an inclusive global culture with diversity as a linchpin.

"Success requires you to embrace the views of others," he said.

Elyse Allan, President and Chief Executive Officer of GE Canada, also spoke to graduates about their new responsibilities as the next generation of leaders. She urged them to challenge rules, question the structure of any business they work with, and question the status quo in general.

"Be heard. We need your voice," she said.

Honorary degree recipients during Convocation were Ms. Allan, Senator Oliver, fashion guru Jeanne Beker, real estate entrepreneur Ralph Medjuck Q.C., and Nova Scotia Supreme Court Justice Heather Robertson. □



Alumni Events



EAST COAST CHARITY BALL



CALGARY ALUMNI RECEPTION



PRIDE PARADE



PEI OLD HOME WEEK



ALUMNI OFFICE BBQ



ST. JOHN'S ALUMNI RECEPTION



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Watch the Gold & Silver 2013 CIS medalists hit the ice for the Huskies Home opener

Women's Hockey vs. StFX

- Saturday, October 26, 2pm @ Alumni Arena

Women's Volleyball vs. CBU

- Sunday, November 10, 2pm @ Homburg Centre

Basketball vs. StFX

- Wednesday, November 13 @ Homburg Centre
- Women at 6pm & Men at 8pm

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2013



1



3



4



2



5



6

DISTINGUISHED COMMUNITY SERVICE AWARD –

(1) Frank Gervais (DipEng'58) and (2) Jane Roy FCA (BComm'84)

(3) VOLUNTEER OF THE YEAR – Paul Puma (BComm'68, BEd'68)

(4) FATHER STEWART MEDAL FOR EXCELLENCE IN TEACHING – Dr. Gene Barrett

(5) YOUNG ALUMNI OF THE YEAR – Scott Noddin (BComm'10)

(6) ASSOCIATE ALUMNUS OF THE YEAR – Al Brooks

Alumni Awards

The Saint Mary's Alumni Awards are presented annually to members of the Saint Mary's community. Nominated by their peers, colleagues and friends, award recipients represent the best of Saint Mary's and are true champions of the University. Winners were presented their awards at a private reception in the Saint Mary's Art Gallery. For more information about our award winners, please visit www.smu.ca/alumni □



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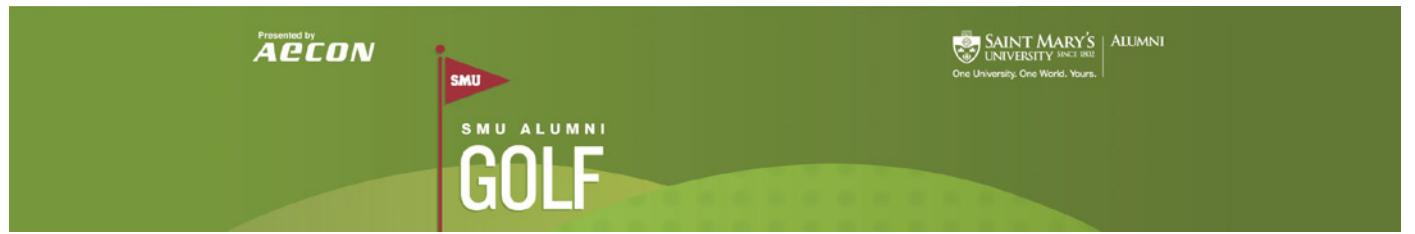
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SAINT MARY'S UNIVERSITY

HOME COMING

October 2-6, 2013

(1) Presentation of the cheque for ten thousand dollars to Empathy Factory at the One World Alumni Dinner. (2) Members of the '73 National Men's Basketball Championship winning team at their 40th reunion reception. (3) Frank Gervais (DipEng'58) a winner of the 2013 Distinguished Community Service Award with his wife, children, and grand-children at the Alumni Awards Reception. (4) Members of the Class of '88 being inducted into the Silver Grad at the Alumni Booster Luncheon. (5) Chris Gringham and Stuart MacDonald - both Silver Graduates - speaking to their fellow classmates at the Alumni Booster Luncheon. (6) A student chats with a fellow Santamarian at the Golden Grad Luncheon. (7) 2013 Golden Graduate Inductees mark 50 years since graduating from Saint Mary's.



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The newest members of the Saint Mary's University Sports Hall of Fame: Carl Boswick, Brian Ross, Hector Pothier and Will Njoku.

TO THE Power of four

Spirits were high at the Homburg Centre's Courtside Lounge on Saturday, October 5 at the induction into Saint Mary's University Sport Hall of Fame & Heritage Centre of four stellar athletes: Carl Boswick, William Njoku, Brian Ross, and Hector Pothier.

Carl Boswick pushed the Huskies hockey team to three AUS championships from 1969-71. Equally formidable on the golf course, he drove the Saint Mary's golf team to the AUS golf championship, earning two regional championships in a single year and honours as Athlete of the Year in 1971.

Basketball great William Njoku earned a spot on the Canadian Junior National Team at the age of 16 and for the next ten years was Nova Scotia's only representative on the Senior National Basketball Program. A legendary player at

Saint Mary's, he was one of the few Canadians to be drafted into the NBA, where he had a 10 year professional career.

In the 1950s, Brian Ross also broke basketball records as the leading scorer for the Saint Mary's basketball team for four years running. An all-round athlete, Ross found the time to play football as well, helping our team capture the regional championship in 1959 and earning himself the Athlete of the Year Award.

Three-time CIS All-Canadian linesman Hector Pothier was also a force to be reckoned with on the football field. A member of the 1973 championship squad and outstanding lineman in the league for 1975, he spent 12 seasons in the CFL and played in 6 Grey Cup games as a key member of the Edmonton Eskimo dynasty. □



TRUE TO THEIR SCHOOL

Things were very different when Saint Mary's alumnus Ed Fitzpatrick (BA) served as class valedictorian in 1953.

"There were only 25 of us in my graduating class," says Ed. "Two years ago there were more than 900 at my granddaughter's convocation."

The second in his family to attend Saint Mary's, Ed followed an older brother, Jack, who enrolled in the late 1930's as a member of the Canadian Officers Training Core. During a distinguished 30-year career with the Nova Scotia Commission on Drug Dependency, Ed found time to serve on the Saint Mary's Alumni Association Board (1977 to 1979) and as a member of the University's Board of Governors (1981 to 1984). A loyal Santamarian, he addressed his graduating class at their 25th and 50th anniversaries.

Ed and his wife Pauline raised their children to love Saint Mary's. "We learned to skate at Saint Mary's and attended the hockey and football games," says Ed's son John Fitzpatrick, Q.C., Chair of Saint Mary's Board of Governors.

When it came time for university, John and three of his siblings opted for their father's alma mater. "No one told us to go to Saint Mary's," says John, "but I do recall some subtle pressure."

John (BA'81), his sister Anne Marie (BA'78; BEd'80), and two brothers, Joe (BComm'83) and Andrew (BComm'88) graduated from Saint Mary's. Another sister, Mary Elizabeth, went to a 'different university', but Ed says "things worked out" because her son, Matthew Smith, is now in his fourth year at the Sobey School of Business.

References from professors Ed McBride and Dr. Mike Larsen paved the way for John to attend law school. Now a Senior Partner at Boyne Clarke, John is the recipient of the Queen Elizabeth II Diamond Jubilee Medal and the Canadian Bar Association's Community Service Award. These tributes recognize a commitment to his community that includes 18 years as a member of Saint Mary's Board of Governors.

"That's an unusually long time to be on the same board," notes John "I'm either a very slow learner or someone who really enjoys what he does."

The truth is that John has many good reasons to devote his time to University governance. "I'm honoured to serve with so many dedicated Board volunteers," he says, "and it's hugely satisfying to follow the successes of the many students who serve with us."

As well, John credits Saint Mary's with inspiring his daughters' success. "Laura and Jennifer will be the first to tell you how much they've benefited from small classes, close relationships with professors, and opportunities for research."

"Saint Mary's was the perfect fit for me," says second year medical student Laura Fitzpatrick (BSc'12). "It gave me endless opportunities for research and other meaningful involvement."

While at Saint Mary's, Laura was an active member of Saint Mary's SIFE team (now ENACTUS) and Saint Mary's Habitat for Humanity Society. She also studied in China and travelled to Northern Ireland as part of the Peaceful Schools Program.

Laura's younger sister Jennifer, now in her third year of a Bachelor of Arts, has also found her niche at Saint Mary's. Last year, as an ENACTUS member, Jennifer co-managed an online survey aimed at reducing campus energy consumption. This year she serves as ENACTUS' chief human resources officer.

As a tribute to John's mother, who passed away in 2007, the Fitzpatricks established a prize for students, like Ed, who have the honour of addressing their peers at convocation.

"Who knows," says John, "some day one of these students could well be our son Andrew."

With high school graduation approaching, Andrew will soon have to choose a school for next fall.

Is there any subtle pressure to attend Saint Mary's?

"There is some pressure," says Andrew, smiling, "but it's not exactly subtle." □

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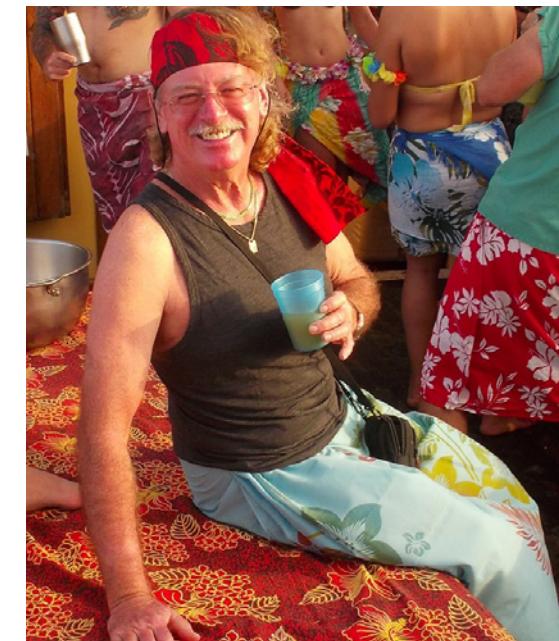
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A Tall Challenge

Former Associate Registrar Murray J. Wilson enjoys retirement aboard a tall ship heading to the South Pacific

For some, retirement is about simplifying, slowing down, relaxing. But for others, heart-pumping adventure is still a must after saying goodbye to working life. Five years after retiring as Saint Mary's Associate Registrar, Murray J. Wilson realized he was in the latter category while volunteering at the Halifax Tall Ships Festival in 2012. "I happened to go by the Picton Castle and they had a big sign advertising the South Seas trip," he says. "I'd been in the comfortable pew for most of my life and I thought, wouldn't it be good to finally push the envelope and see what limits I could handle with an adventure like this?"

A few weeks later, Wilson got his chance to find out. After cashing in an RRSP, he grabbed one of the last spots on the Picton Castle for its seven-month sailor training voyage to the South Pacific. On November 3rd he and over forty other crew members set off from Lunenburg.

It didn't take long for Wilson to realize he'd made a good choice in joining this ship. "Just being able to stand on the quarterdeck at the helm and seeing 360 degrees on the horizon—it's absolutely mind-boggling," he says. But it wasn't just the views that made it worthwhile. He was being pushed physically and mentally to do everything from rigging sails to cooking meals to painting the deck—exactly the kind of tough adventure he had imagined.

By the end of that first month they made it to their first port of call, Carriacou in Granada, West Indies, and then headed west across the top of South America and through the Panama Canal. By Christmas they were in the Galapagos Islands. For most of January, they travelled over 5,000 kilometres across the Pacific Ocean without land in sight. "At night, the stars are just incredible," remembers Wilson. "You can just reach your hand up and pick off a couple."

On January 21st, Pitcairn Island (population: 50) finally appeared on the horizon, and for the next few days the crew billeted with locals. From Pitcairn, they headed to French Polynesia and ended the first leg of the voyage in Tahiti. On February 24th they began the second leg with more visits around French Polynesia and the Cook Islands, American Samoa, and as far west as Tonga before returning in May to Rarotonga, the Picton Castle's southern homeport in the Cook Islands. In total the voyage covered over 16,000 kilometres.

It has now been a few months since Wilson returned to solid ground and his home in Halifax, but his memories of the voyage remain as close and clear as those stars he saw in the South Pacific. And as for the trip pushing his limits?

"Oh yeah, it pushed me," he says with a pause. "I was very happy to get onto land again." □

1959

Burris Devaney (BA'59, Hon. Doctorate, '04) has extended his philanthropic efforts to seven African countries and developed a youth health education program for UNESCO. Burris teaches courses on International Development in the Seniors' University of Nova Scotia and is presently writing a book about his 25 years of development work in Gambia and Sierra Leone. (www.burrisdevaney.com)

1989



Author and political analyst *Kenneth Jackson (MBA'91)* has two new books to his credit. Kenneth earned a BA in political science and a MBA in international management from Saint Mary's. He is a twenty-year veteran of the advertising and marketing industries and has lived in Singapore, Prague and Toronto. An avid hockey goaltender, guitar player and traveler, Jackson has retired and lives in Nova Scotia.

1992

Rick Ralph (BComm'92) is now the Winnipeg Jets' pregame, intermission, and post-game host on the radio station, TSN 1290. He also co-hosts an NHL hockey show throughout the NHL season on TSN 1290, and www.TSN1290.ca

1994



Jonathan Dursi (BSc'94), a Canadian computational science specialist and HPC expert with SciNet, Canada's largest supercomputing centre, was named Interim Chief Technology Officer (CTO) of Compute Canada Calcul Canada.

2002



Chris Robertson (BComm'02) owns a Home Instead Senior Care franchise in Cape Breton and provides non-medical senior home services such as Alzheimer's care and short-term recovery care.

1997



Recently recognized by Ernst & Young as one of the world's leading entrepreneurs in job creation, *Colin Gillis (BBA'97)* is co-owner of IPECC Project Management. One of six entrepreneurs to be selected for

CEED's Entrepreneur in Residence program, Colin was matched with Omega-3 pioneer Robert Orr, co-founder and CEO of Slanmhor Pharmaceutical Inc., based in Halifax, and co-founder of Ocean Nutrition Canada Limited.

1998



In the past two years, *Dr. Karly Kehoe (BA'98)*, a senior lecturer in history at Glasgow Caledonian University in Scotland, has received six prestigious awards, including two research awards from the Royal Society of Edinburgh. Karly is Managing Editor of *Britain and the World*, the historical journal of the British Scholar Society. Last year she researched her second book as a Visiting Fellow at Yale's Beinecke Library.

2010



Web developer *Ben Gallant (BSc'10)* has a Senior Web Developer position with California marketing agency Smart Bug Media. A native of Halifax, Ben brings an international dimension to the SmartBug team, and his pizza-making abilities add serious culinary chops to the company.

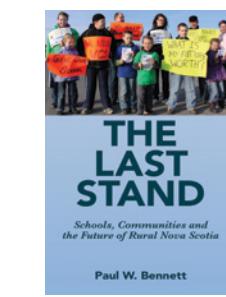
Saint Mary's WRITES

A listing of new books written by members of the Saint Mary's Community.

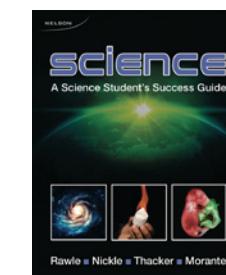
Diaries of the Acadian Deportations, No. 1: Jeremiah Bancroft at Fort Beauséjour & Grand-Pré
By Saint Mary's Archeology Professor Jonathan Fowler & Earle Lockerby
Gaspereau Press, 2013



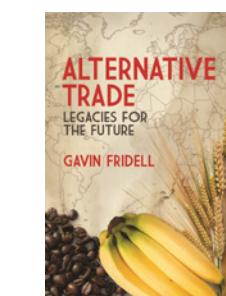
The Last Stand: Schools Communities and the Future of Rural Nova Scotia
By Saint Mary's Adjunct Education Professor Paul W. Bennett
Fernwood Publishing, 2013



Science³: A Science Student's Success Guide
Co-authored by Astronomy and Physics Chair Rob Thacker
Nelson, 2013



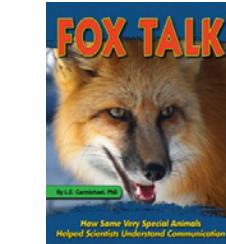
Alternative Trade: Legacies for the Future
International Development Studies Canada Research Chair Dr. Gavin Fridell
Fernwood Press, 2013



Gene Therapy (not shown)
By Writing Centre Senior Tutor Dr. Lindsey Carmichael
www.lecarmichael.ca/read-me/gene-therapy/
ABDO Publishing, 2013



Fox Talk (not shown)
By Writing Centre Senior Tutor Dr. Lindsey Carmichael
www.lecarmichael.ca/read-me/fox-talk/
ABDO Publishing, 2013



Jim Hepworth (BComm'95), Director of Community Programs & Corporate Services for the Confederacy of Mainland Mi'kmaq, is proud to tell M&W readers that Dominic Nolasco, Saint Mary's University Field Lacrosse Coach, voluntarily coached First Nation youth from Millbrook and Bear River NS in the inaugural First Nations lacrosse tournament in Oshweken, Ontario in May.



Former Huskies hockey goalie *E. Graeme Harvey (BComm'95)* was promoted to International Product Manager position at Roche Diagnostics. Prior to his new role, Graeme held positions as Project Manager in R&D, Manufacturing Supervisor, and HR Business Partner. Graeme lives with his wife Tracy (from PEI) and their four children in Indianapolis, IN.

2012



Victoria Versteeg (BA'12) just moved from Ottawa to Accra, Ghana to intern with the Ghana Health Service as a policy analyst in GHS' Policy, Planning, Monitoring and Evaluation Division.

2013

Recent grad *Clinton Chapdelaine (BA'13)* co-founded a new, non-profit theatre collective to provide opportunities in the arts for those who may, otherwise, be overlooked. Clinton also performed Backstage in the 2013 Atlantic Fringe Festival. facebook.com/WildfireTheatreSociety

In Memoriam

William Ahern
DIPEGN '43
June 1, 2013

Bruce Bonneau
BSc '96
April 15, 2013

Kelly Brooks
BA '91
May 18, 2013

Gerald Brushett
BComm '70
June 2, 2013

Chandelle Conrad
BSc '05
July 23, 2013

Joyce Currie
BA '88
June 29, 2013

Kenneth Duggan
Bed '64
July 9, 2013

Bernardus Fetter
MED '78, BEd 77
June 17, 2013

Liselotte Fillmore
BA '76
August 26, 2013

Dick Forrest
Saint Mary's
High School '56
July 16, 2013

Doug Frenette
BA '73
September 4, 2013

Brent Garrison
BComm '98
August 9, 2013

Dr. Edith Arlene Haddon
PhD '13
April 28, 2013

Andrew Higdon
BEd '83
August 4, 2013

Dr. Malachi Jones QC
BA '70
June 27, 2013

Arthur Bud Keith Jr.
Saint Mary's
High School '47
July 27, 2013

Rev. Henry Kline
Saint Mary's
High School '43
August 7, 2013

Karen Larsen
BA '94
July 13, 2013

John MacLeod
DipEng '79
June 6, 2013

Arthur MacLeod
BA '73
August 1, 2013

Mary McInnis
MA '74
May 27, 2013

Dominic Nardocchio Jr.
Saint Mary's
High School '49
August 12, 2013

Terry O'Leary
BComm '70
June 21, 2013

John Peers
BA '75
May 29, 2013

James Reardon
Saint Mary's
High School '43
June 17, 2013

James Rose
BA '03
July 10, 2013

Stephen Siepierski
BSc '87
May 31, 2013

Rev. Arthur Snow
BA '72
August 27, 2013

Dr. David Hope-Simpson
May 12, 2013

Dr. Ishmael Okraku
July 10, 2013

Joseph Vorstermans
BA '74
June 15, 2013

Stephen Whalen
BA '71
September 3, 2013

With Sympathy

Dr. Daniel McCartney Brownlow
July 24, 2013

Naomie Fequiere
June 28, 2013

Dr. Ishmael Okraku
July 10, 2013



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To us!

Editor's Note: Jane Roy (BComm'84) offered the following toast during a summer gathering that brought together members of the Sobey School of Business Alumni Association.



Saint Mary's Moment

John and I feel honoured to host this evening's reception.

We chose this university because of its reputation for a strong business program and supportive, close-knit community. We have not been disappointed. And we are always proud to call ourselves Huskies.

My Husky pride is renewed each time I attend a Saint Mary's event. At last year's Homecoming's One World Alumni Dinner, I was extremely moved when the Saint Mary's Alumni Association supported a cause that is very dear to me – Catapult Leadership Society. The Turning Points in Leadership Dinner last March was another source of pride, as I enjoyed the camaraderie of fellow alumni and former professors, in a room filled with familiar faces who are now business and community leaders.

The recently unveiled logo for the Sobey School of Business represents many of the leadership qualities the school hopes to see in its graduates, including the ability to see from multiple perspectives, to hold creative tension, to be open and honest, and to soar to new heights.

Calling myself a graduate of the Sobey School of Business still feels a little foreign to me. We were the Faculty of Commerce when I graduated in 1984 and, I admit, I may need to practise saying "Sobey School of Business" before it becomes automatic. It sure does sound impressive though!

Who better could we be associated with than Atlantic Canada's greatest business success story: the Sobey family. After several generations, the Sobey empire has a strong presence across Canada and continues to prosper and grow. As a leading community supporter, with a head office that remains true to its Nova Scotia roots, Sobeys represents a strong alignment in values and character with our school of business, and it reflects our reasons for choosing to study here.

The Sobey School of Business is the largest and most comprehensive business school in Atlantic Canada. It offers a wide range of programs and a cadre of skilled professors who prepare the promising students who will be tomorrow's leaders. We certainly have good cause to be proud alumni.

Dean Patricia Bradshaw hopes to strengthen our Sobey School with a renewed brand, a new logo, and of course, with opportunities to network with friends, old and new, at alumni gatherings like the one tonight. Networking may be an overused buzzword, but it is a valuable tool for all of us, at any career stage. It is networking that allowed John and I to develop very different, but equally rewarding, careers, and networking that has been the key to success in my volunteer life.

Being active as alumni allows us to stay connected to a place and a time that remains very special—a place that made a lasting difference in our lives. Being active as alumni is also a way to support our University and give back.

So let's follow Patricia's lead and celebrate our exclusive membership as alumni of the Sobey School of Business. To Us! □



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